































Spring/ Summer Menu 2022

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Lowest CO₂

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 07/03/2022 28/03/2022 18/04/2022 09/05/2022 30/05/2022 20/06/2022 11/07/2022	Option 1 Tomato & Vegetable Pasta	Beef Burger in a Bun with Potato Wedges	Roast Beef, Roast Potatoes & Gravy	Chicken Curry with Rice  	Breaded Fish with Chips & Tomato Sauce
Option 2	Spanish Omelette with New Potatoes  	BBQ Quorn Fillet with Rice   	Vegetable Wellington with Roast Potatoes & Gravy  	Broccoli & Cheese Pasta Bake 	Vegan Mexican Roll with Chips & Tomato Sauce  
Option 3	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings
Option 4	Cheese & Cucumber Sandwich, Carrots Sticks, Fruit and Cake of the Day	Ham Roll, Carrot Sticks, Piece of Fruit and Cake of the Day	Tuna & Mayo Sandwich, Cucumber Sticks, Fruit and Cake of the Day	Egg Roll, Carrot Sticks, Fruit and Cake of the Day	Cheese Sandwich, Cucumber Sticks, Fruit and Cake of the Day
Vegetables	Cucumber Rainbow Slaw	Sweetcorn Mixed Peppers	Cabbage Broccoli	Green Beans Carrots	Peas Baked Beans
Dessert	Carrot & Courgette Cake with Custard	Apple & Raisin Flapjack  	Fresh Fruit & Yoghurt Station	Orange & Cinnamon Cookie 	Peaches & Ice Cream

Week Two 14/03/2022 04/04/2022 25/04/2022 16/05/2022 06/06/2022 27/06/2022 18/07/2022	Option 1 Macaroni Cheese	Spaghetti Bolognese 	Roast Chicken, Roast Potatoes, Stuffing & Gravy	BBQ Chicken Pizza 	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
Option 2	Vegetable Curry with Rice   	Vegan Spaghetti Bolognese  	Roast Quorn, Roast Potatoes, Stuffing, & Gravy   	Vegan Burger in a Bun with Wedges & Tomato Sauce  	Cheese & Bean Pasty with Chips  
Option 3	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings
Option 4	Cheese & Cucumber Sandwich, Carrots Sticks, Fruit and Cake of the Day	Ham Roll, Carrot Sticks, Piece of Fruit and Cake of the Day	Tuna & Mayo Sandwich, Cucumber Sticks, Fruit and Cake of the Day	Egg Roll, Carrot Sticks, Fruit and Cake of the Day	Cheese Sandwich, Cucumber Sticks, Fruit and Cake of the Day
Vegetables	Sweetcorn Cauliflower	Mixed Peppers Green Beans	Carrots Peas	Broccoli Sweetcorn	Peas Baked Beans
Dessert	Apple & Berry Crumble with Ice Cream 	Lemon Drizzle Cake	Fresh Fruit & Yoghurt Station	Chocolate & Beetroot Brownie with Chocolate Sauce	Apple, Cheese & Crackers

Week Three 28/02/2022 21/03/2022 11/04/2022 02/05/2022 23/05/2022 13/06/2022 04/07/2022	Option 1 Cheese & Tomato Pizza 	Beef Lasagne with Garlic Bread 	Roast Turkey, Roast Potatoes & Gravy	Pork Sausage Hot Dog with Potato Wedges	Fish in Batter with Chips & Tomato Sauce
Option 2	Falafel with Lemon & Herb Couscous  	Vegetable Enchiladas with Rice  	Lentil & Basil Puff Pastry, Roast Potatoes & Gravy   	Vegan Sausage Hot Dog with Potato Wedges  	Cheese & Red Pepper Frittata with Chips & Tomato Sauce  
Option 3	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings	Jacket potatoes with a choice of fillings
Option 4	Cheese & Cucumber Sandwich, Carrots Sticks, Fruit and Cake of the Day	Ham Roll, Carrot Sticks, Piece of Fruit and Cake of the Day	Tuna & Mayo Sandwich, Cucumber Sticks, Fruit and Cake of the Day	Egg Roll, Carrot Sticks, Fruit and Cake of the Day	Cheese Sandwich, Cucumber Sticks, Fruit and Cake of the Day
Vegetables	Green Beans Carrot & Beetroot Slaw	Coleslaw Sweetcorn	Carrot Broccoli	Sweetcorn Tomato Salsa	Peas Baked Beans
Dessert	Lemon & Mixed Berry Cake	Raspberry Jelly & Mandarins 	Fresh Fruit & Yoghurt Station	Pineapple Loaf with Custard	Chocolate Shortbread 

Available Daily:

- Bread freshly baked on site daily
- Daily salad selection
- Choice of Yoghurt & Fresh Fruit available daily

ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.