





# Silver Summer Menu 2021

 Added Plant Power  
 Vegan  
 Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week One</b> 19 Apr 10 May 7 Jun 28 Jun 19 Jul	Option 1	Macaroni Cheese	Pork Sausage, Mashed Potatoes and Gravy	Roast Chicken & Stuffing, Roast Potatoes, Gravy	Chicken Tikka Curry with 50/50 Rice  	Fishfingers/ Salmon Fishfingers with Chips
	Option 2	Soya Spaghetti Bolognese 	Vegetarian Sausages, Mashed Potato and Gravy 	Vegetable Wellington with Roast Potatoes and Gravy 	Lentil and Sweet Potato Curry with 50/50 Rice  	Wholemeal Cheese and Tomato Quiche with Chips 
	Option 3	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans
	Vegetables	Sweetcorn Peppers	Cauliflower Cabbage	Swede and Carrot Mash	Broccoli Carrots	Baked Beans Peas
	Dessert	Marble Sponge with Custard	Pineapple Cake	Fresh Fruit or Yoghurt	Apple, Cheese and Crackers	Chocolate Cocoa Cookie 

<b>Week Two</b> 26 Apr 17 May 14 Jun 5 Jul	Option 1	Sausage Roll with Wedges	Mexican Beef Chilli with 50/50 Rice  	Roast Turkey Roast Potatoes and Gravy	Chicken and Red Pepper Pizza with Wedges 	Fish in Batter with Chips
	Option 2	Tomato and Vegetable Pasta 	Vegetable Hotpot 	Quorn Roast Fillet & Roast Potatoes with Gravy	Cheese and Tomato Pizza 	Cheese Frittata with Chips
	Option 3	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans
	Vegetables	Sweetcorn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn Tomatoes	Baked Beans Peas
	Dessert	Oaty Apple Crumble and Custard 	Chocolate Cake with Chocolate Drizzle	Fresh Fruit or Yoghurt	Pear and Ginger Slice	Orange and Lemon Shortbread 

<b>Week Three</b> 3 May 24 May 21 Jun 12 Jul	Option 1	Chicken Curry 50/50 Rice 	Chicken and Sweetcorn Pie, New Potatoes and Gravy	Roast Pork Roast Potatoes and Gravy	Cottage Pie with Gravy 	Fish fingers with Chips
	Option 2	Vegetable Fajitas  	Five Bean Chilli with 50/50 Rice  	Potato and Courgette Stack with Roast Potatoes	Broccoli and Cheese Pasta Bake	Vegan Mexican Bean Roll with Chips 
	Option 3	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans	Jacket Potato Cheese and Beans
	Vegetables	Coleslaw Mixed Salad	Sweetcorn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
	Dessert	Oaty Cookie 	Banana Sponge and Custard	Fresh Fruit or Yoghurt	Chocolate and Mandarin Brownie	Peaches and Ice Cream

**Available Daily:**  
Jacket potatoes with a choice of fillings (where advertised)  
Daily salad selection  
**Daily dessert or a choice of Yoghurt & Fresh Fruit available**

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.